## **Freshman Naviance Update and Goal Setting**

Naviance is an important tool for success that you and your Counselor use together throughout High School including the college application process.

Log on to www.connection.naviance.com/masuk

- Your username is your email address
- Your password is your student ID
- Click on the "about me tab: GO TO "PROFILE" and fill in all of the information it asks of you- Student email and parent email are very important.

# **SETTING YOUR GOALS**

One of the ways to improve your academic and personal life is to write goals. Writing them is a way to remind and help yourself to stay focused on the important parts of your life.

- Go to "Goals" in the drop down menu;
- Choose one of 3 the below goals and fill out the corresponding boxes for each-repeat for each type of goal until you have completed all 3.
  - 1) Academic Goal
  - 2) Personal Goal
  - 3) Career Goal/College Goal

Below are examples of goals but you should feel free to create your own:

## Academic Goal (anything related to your education):

I am going to earn a WGPA (Weighted Grade Point Average) of a \_\_\_\_\_.

In Science I will get a grade no lower than a B- by studying a week before a test is given.

## **Personal Goal** (anything related to self-improvement):

I will join one school activity/club this year.

I will get over my shyness by talking to one new student every month in school.

#### **Career/College Goal:**

I would like to learn more about my interests so I will use the Naviance Career exploration to find out more about careers I may be interested in.

I will speak to 5 adults throughout the year about their career/job and their thoughts about it.

I will start looking at schools and noting the WGPA I will need to get into that school.

#### Your Counselor will be checking on these goals at the end of the month.

If you have any difficulties logging onto Naviance please see your Counselor.